

Stress is Bad



Breaking the Bondage of Debt

The rich rule over the poor, and the borrower is a slave to the lender.

Proverbs 22:7

Prayers for Paying Off Debt

1. God, give me _____

Like a city whose walls are broken down is a person who lacks self-control. Proverbs 25:28

2. God, give me _____

My people are destroyed for lack of knowledge... Hosea 4:6

3. God, give me a _____

The plans of the diligent lead to profit as surely as haste leads to poverty. Proverbs 21:5

What are your three greatest Financial Stressors?

1. _____

2. _____

3. _____

Talk/Think It Over

1. Have you ever experienced financial vulnerability? What was that like?
2. Have you developed any processes or habits that help you avoid financial bondage? What works for you?
3. What are a few things you can say no to?
4. Do you have a plan for paying off debt? Where do you plan to start?